

State of Wisconsin

Michael Waupoose Chairperson

Duncan Shrout Vice-Chairperson

Mary Rasmussen Secretary

State Council on Alcohol and Other Drug Abuse

1 West Wilson Street, P.O. Box 7851 Madison, Wisconsin 53707-7851

STATE COUNCIL ON ALCOHOL AND OTHER DRUG ABUSE MEETING MINUTES Southern 12, 2014

September 12, 2014 9:30 a.m.

American Family Insurance Conference Center 6000 American Parkway, Madison, WI

Members present: Douglas Englebert, Cheryl Eplett, Tondra Davis (for Colette Brown), Steve Fernan, Roger Frings, Katie Morrow (for Craig Harper), Sandy Hardie, Kevin Moore, Charlotte Rasmussen, Mary Rasmussen, Sue Shemanski, Duncan Shrout, Scott Stokes, Michael Waupoose

Members excused: Norman Briggs, Joyce O'Donnell, Tina Virgil

Members absent: Garey Bies, Tim Carpenter, Sandy Pasch

Ex-officio members present: Randall Glysch, Anne Hoffman, Katie Paff, Matthew Sweeney

Ex-officio members excused: Kathy Marschman

Ex-officio members absent: Thomas Heffron, Kerstin Hughes, Linda Preysz

Staff: Joyce Allen, Ashleah Bennett, Faith Boersma, Lee Ann Cooper, Pat Cork, Jason Fischer, Tanya Hiser, Paul Krupski, Cody Michels, Kris Moelter, Lucas Moore, Christy Niemuth, Lou Oppor, Raina Zwadzich, Mai Zong Vue

Guests: Anthony Alvarado, Richard Bryant, Todd Campbell, Liz Casper, Sara Cerer, Douglas Darby, Amy Edwards, Tina Ettinger, Michael Kemp, Autumn Lacy, Keith Lang, Dave MacMaster, Jamie McCarville, Bill McCulley, Lisa Reible, Daniel Scott, Julia Sherman

Duncan Shrout called the meeting to order at 9:30 a.m. as Chairperson Michael Waupoose was unable to attend the meeting until the afternoon.

- **I. Introductions** The members, Department of Health Services, and guests introduced themselves.
- **II. Election of officers** Lou Oppor presented the slate of candidates: Chair Michael Waupoose, Vice Chair Duncan Shrout, Secretary Mary Rasmussen. The slate of candidates was elected unanimously. Mr. Shrout thanked Scott Stokes for his service as SCAODA secretary.
- **III. Approval of June 6, 2014 minutes** Mary Rasmussen moved (Steven Fernan second) to approve the June 6, 2014 meeting minutes. The motion passed unanimously.

IV. Public input – None.

V. Committee reports

- Executive Committee Mr. Shrout reported on the status of the motions from the June meeting.
 - > Status of motions from June meeting
 - Letter requesting a joint study committee to improve outcomes for families with substance use disorders who are involved in the child welfare system: letters were sent to the Department of Health Services and the Department of Children and Families. No replies have been received.
 - Letters regarding new laws that increased access to alcohol: letters were sent to the legislative leadership and the Governor's Office. No replies have been received.
 - Letter regarding Zohydro: a letter was sent to the attorney general requesting Wisconsin join other states in requesting more regulation of Zohydro. A response was received.
 - Letters regarding the substance abuse portions of department budgets: these letters will be sent after September 15, the date the proposed budgets are due to the Department of Administration
 - Legislative initiatives/meeting with DHS and the Governor's Office Mr. Shrout reported that the Executive Committee met with DHS Deputy Secretary Kevin Moore to discuss SCAODA's budget initiatives for the 2015-17 biennium on September 9. The items include: supporting a pilot for a Hmong navigator, funding for culturally-intelligent training, funding for two women's treatment centers, expanding treatment courts and other alternatives to incarceration for people with substance use disorders, increasing the Medicaid reimbursement rates for substance abuse treatment and screening by 2.5 percent, increasing community aids to counties, funding for underage drinking compliance checks and saturation patrols, funding for local AODA coalitions, and funding for training for prevention specialists.
- **Diversity Committee** Sandy Hardie reported the Diversity Committee has increased its membership to enable it to better fulfill its mission. There will be several breakout sessions at the 10th Annual Mental Health and Substance Abuse Conference on cultural competency.
- Intervention and Treatment Committee Roger Frings reported the ITC hosted a public forum at the Rural Institute held in June. Two people attended and the discussion focused on the utilization of telehealth services and transportation issues in rural Wisconsin.
- **Planning and Funding Committee** Mr. Shrout reviewed the committee's accomplishments report that is included in the meeting materials.
- **Prevention Committee** Scott Stokes reported that the Heroin ad hoc committee has completed its work and the report has been published. The Prevention Committee is in the process of forming an ad hoc committee to study marijuana prohibition issues and possibly make policy recommendations in the event medical or recreational marijuana become legal or decriminalized in Wisconsin. Chris Wardlow will chair the committee, which will have about 25 members. This summer the committee hosted two public forums at the Northwoods Coalition annual meeting and training. One of the key issues discussed was access to treatment in rural areas.

VI. Approval of work plans – The committees presented their 2014-15 work plans.

- Mr. Stokes reported on the Prevention Committee's work plan for the upcoming year. The
 committee will work on becoming more trauma informed and try to incorporate trauma principles
 into prevention. It also will work on prevention specialist certification and will do more
 prevention specialist training. It may form a study group to integrate public health and prevention
 policies in the work place. It is in the process of forming an ad hoc committee to study the
 marijuana issue.
- Mr. Frings reported on the ITC work plan. The committee will focus on identifying parents in the child welfare system who have substance use disorders and increase the number of those parents receiving treatment. The committee also will work on adolescent treatment, focusing on determining the number of providers that provide adolescent treatment and if those providers use the Adolescent Treatment Framework. The committee also will create a work group to review certification guidelines for opioid treatment providers and encourage the use of evidence-based practices in opioid treatment and case management.
- Ms. Hardie reported on the Diversity Committee work plan. The committee will work with
 agencies to identify the needs of underserved communities. It also will review the Culturally and
 Linguistically Appropriate Services (CLAS) standards because those have been revised. Other
 tasks for the upcoming year include developing a logo and addressing the needs of minority
 substance use disorder counselors.
- Mr. Shrout reported on the Planning and Funding Committee work plan. The committee will create an ad hoc committee to look at various funding structures for AODA prevention, treatment, and recovery, including looking at Medicaid reimbursement rates, tax increases, and other ways to increase revenue. The committee also will work on developing a clear and consistent SCAODA message that the public will support and develop educational materials for legislators and other key stakeholders so SCAODA can become a better advocate for AODA issues.

Mary Rasmussen moved (Ms. Hardie second) to approve the committee work plans. The motion passed unanimously.

VII. Rise Together presentation – Anthony Alvarado and Douglas Darby presented about their movement "Rise Together". The movement is about bringing a face and voice to recovery by sharing stories, building advocacy, and mobilizing the recovery community. One of the main objectives is to break the stigma of addiction. They give presentations to schools focusing on prevention. They have surveyed almost 1,500 youth and found that 70 percent knew someone involved in substance abuse, over half thought they might have a substance use disorder, and almost one-fourth admitted using drugs and/or alcohol. They will continue to provide education, youth outreach (peer to peer support), and community engagement.

VIII. Department of Corrections presentation – Cheryl Eplett, Lisa Reible, Tina Ettinger, Autumn Lacy, Liz Casper, and Michael Kemp talked about the variety of substance use disorder services the Department of Corrections provides. DOC is currently reviewing its programming to ensure the services it provides are evidence-based. It has implemented a risk/needs assessment tool that helps it determine a person's risk to reoffend level and identifies the person's criminogenic needs. That information is used to develop an individualized plan and determine what services are appropriate for the person. Some of the

DOC substance use disorder-related programs include a six-month program for people with a dual diagnosis that includes anger management, cognitive behavioral programming, and coping skills; an AODA residential program for violent offenders; incorporating trauma-informed care into the AODA programs; and providing community supports for people leaving prison. DOC also has a drug abuse correctional center that worked with the University of Cincinnati to determine how in line its programs and practices were with evidence-based practices and then revamped its programs and practices based on what it learned. The programming is now cognitive behavior-based and requires facilitators to receive training on the curriculum and implement it according to the program protocols.

IX. State agency reports

- **Department of Revenue** Matthew Sweeney provided a handout detailing historical excise tax collections. Tax collections on tobacco products are up about \$4 million over the same time last year. Collections for distilled spirits are up slightly, while wine and beer tax collections remained flat. The total excise taxes increased about \$10 million over the same time last year. An initial review of the data showed a disparity in the utilization of specific products and the taxes generated by those products. The Planning and Funding Committee will be studying funding sources for AODA services and excise taxes will be part of that review.
- Department of Health Services Kevin Moore reported on the Affordable Care Act. Through August over 125,000 childless adults had enrolled in Medicaid. DHS had expected 90,000 enrollees. DHS now expects up to 140,000 people to enroll. Medicaid currently has a \$93 million deficit, which takes into account the higher enrollment numbers. He also reported that the federal government approved a special enrollment period for people who were no longer eligible for Medicaid. The department is contacting the people who it cannot confirm have insurance coverage. The department's budget is due to the Department of Administration on September 15. It will not include any new initiatives but continue to provide existing services.
- UW Systems Anne Hoffmann reported the UW System has implemented alcohol and cannabis screening for students. About 65-80 percent use alcohol and about 13-18 percent use marijuana, making marijuana the second most used drug. Tobacco use is falling but remains the third most used drug. The system has convened a group to work on marijuana prevention and it is looking at the Colorado and Washington institutes of higher learning. There are federal laws that apply to institutions of higher learning that require campuses to be drug free, and that may include a ban on medical marijuana.
- Department of Public Instruction Mr. Fernan reported that DPI is applying for four federal discretionary grants. One is to improve access to and collaboration with children's mental health so schools are more active partners. Another is a school climate transformation grant to expand training and implementation of Positive Behavioral Interventions and Supports. Another is a grant to enhance school emergency management plans. The final one is a school safety research grant that would review different school safety interventions and measure impacts. They are still waiting to hear if they will receive any grants, but were asked on three if they would accept a smaller amount, so that could indicate they will receive the grants. He also talked about the use of SBIRT in schools. Four regional experts have been trained to do SBIRT in schools. He also reported that DPI is facilitating a work group on trauma-sensitive schools that focuses on how to intervene in a manner that does not re-traumatize kids.
- **X. Tobacco survey results** Bruce Christiansen reported on a survey that was conducted to determine how integrated Wisconsin's behavioral health treatment programs are. WiNTiP will use the information to guide future activities. The survey looked at providers' tobacco policies, whether they were providing evidence-based tobacco dependence treatment, and helping staff quit. The powerpoint is on the SCAODA website. The results were that some programs have done a lot, some have not. For example, 78 percent

have a tobacco use policy, 33 percent have a policy of consequences to patients who violate the provider's tobacco use policy, 89 percent record the status of smoking, 58 percent assess the patient's interest in quitting, 70 percent provide support for those who want to quit, 28 percent have a relapse prevention plan at time of discharge, 84 percent do not provide training to staff on treating tobacco, and 90 percent of those who evaluate clinicians do not evaluate their skills in treating tobacco dependence. The survey revealed the providers need training and educational materials to help them integrate tobacco policies. They also need more money and staff support. In addition, some need assistance learning how to treat tobacco dependence.

XI. Agenda items for the December 12, 2014 meeting

- Bylaws amendments
- Epidemiological report

XII. Announcements – Joyce Allen introduced Lucas Moore as the new adolescent treatment specialist at DHS. He will work with ITC's Children, Youth, and Families subcommittee. Scott Webb is the new trauma-informed care coordinator. Part of his job will be to focus on how substance use disorders and trauma-informed care can be integrated. Andrea Jacobson will be the new substance abuse treatment coordinator, focusing on adults. She will staff ITC. DHS and DPI are partnering on a project to promote safe schools and healthy students. Monica Wightman will coordinate that effort.

Ms. Allen also announced a new SAMHSA grant DHS and the Department of Veteran's Affairs received for an outreach project for homeless veterans. The project will focus on homeless veterans with mental health and substance use disorder issues and provide outreach to help them find housing and receive referrals to treatment.

DHS is partnering with the Great Lakes Addiction Technology Transfer Center (GLATTC) to offer a series of trainings for providers. Trainings have been provided on medication-assisted treatment and clinical supervision. A training for leadership development for leaders in the minority communities is being developed.

Mr. Oppor reported that DHS is finalizing the bi-annual Epidemiological Report. Based on the data, DHS identified the following priority areas: reducing adult binge drinking, reducing underage drinking, addressing drinking of pregnant women, addressing OWIs, and reducing opioid use for non-medical purposes.

DHS will soon issue a Request for Proposal to open opiate treatment centers in rural areas that are underserved and have high need. The centers can provide medication-assisted treatment, but not methadone, and will provide medically-monitored residential detoxification services.

Mr. Waupoose announced that Joyce O'Donnell was not able to attend the meeting because she is attending her sister's funeral. A card was sent on behalf of SCAODA.

He also reported on the National Governor's Association Healthcare Workforce Task Force on which Shel Gross and he are participating. The task force will have a specific focus on issues facing the mental health and substance use disorder workforce. Mr. Waupoose also serves on a legislative study committee that is studying problem-solving courts. The committee has met three times and has finished the information-gathering phase and now is developing legislation to further support treatment courts and other alternatives to incarceration for people with substance use disorders.

Mary Rasmussen reported that Arbor Place, an organization that provides prevention, treatment, renewal, and recovery opportunities to individuals, families, and communities impacted by substance abuse and dependence and mental health disorders, is bringing William Cope Moyers to speak at a fundraiser on September 24 at 7 p.m. at UW-Stout in Menomonie.

XIII. Adjourn –The meeting adjourned at 2:35 p.m.

2014 SCAODA meeting dates:

March 7, 2014 June 6, 2014 September 12, 2014 December 12, 2014